

Dr. Michael P. Joseph

The Seven Ways of Better Health

Custom Speaking Programs to Fit Your Exact Needs

- Including healthy work-style, school-style, injury prevention and sports
- 5 or 10 minute massages available onsite.
- NASA Computerized Nervous System Testing available.
- Programs for Communities: Church, School, Business, Associations, Teams

Benefits Include:

- **Vitality**
- **Relief from Pain**
- **Better Performance and Alleviation of Stress**
- **Anti-Aging**

Dr. Michael P. Joseph received his Chiropractic doctorate in 1986 and has been practicing in Marin since 1988.

Some Previous Engagements

- Radio: KGO - Interview Advanced Chiropractic Techniques
- Television: The House Doctor Show: Ergonomics and Body Mechanics Expert
- Schools: Various appearances in Schools
- Communities: Dr. Joseph has spoken to large live audiences of several hundred.

"I came all the way from Southern California on my sports medical doctor's referral. Dr. Joseph's hand put the World Motocross Champion trophy in my hand." - *Clayton Blood*

"After a month in ICU, with a week to live, I stopped losing weight and began walking in just 6 weeks. Thank you" - *Jeffrey Perry*

"I finally ended my 20 year fight with Migraines. Thank you" - *Ramona Alston*

Neck, Back, Arm, Leg and Headache

Pain Relief Clinic of Marin

1050 Northgate Drive, Suite 130 San Rafael, CA 94903

Voice: 415-444-0700

Fax: 415-444-0771

www.marinhealth.com

Let's Make Marin the Healthiest Place on Earth!

Nervous System Hydration Nutrition Ergonomics Exercise Rest Attitude

Dr. Michael P. Joseph, D.C.

The Seven Ways of Better Health

Custom Speaking Programs to Fit Your Exact Needs Request Form

Name of Organization _____ Date _____

☐ Church ☐ School ☐ Business ☐ Association ☐ Team ☐ Group ☐ Other

Contact _____ Phone _____ Fax _____ Email _____

Complete mailing/billing address: _____

Desired length of presentation: 15 min 25 min 45 min 60 min 75 min Other _____

Desired date of presentation: _____ Flexibility regarding dates? Alternatives _____

Start / ending time: _____ Number of participants: _____ Age Range _____

Location: _____

We are interested in: ☐ Vitality ☐ Better Performance ☐ Alleviation of Stress

☐ Anti-Aging ☐ Relief from Pain ☐ Other _____

Please Indicate the type of presentation requested:

☐ Practical advice that our people can use immediately

☐ Healthy work-style ☐ Healthy school-style ☐ Injury prevention ☐ Sports

☐ Better General health habits for home.

Please include

☐ 5 minute massages onsite.

☐ 10 minute massages onsite

☐ NASA Computerized Nervous System Testing

Presentation topic requested: (Other specific topics can be arranged at your request.)

☐ The Seven Ways of Better Health- *a practical easy to implement guide that you can use right away in all areas of your life.*

☐ What Are The 5 Most Dangerous Work Injuries and How to Prevent Them?

☐ Better Work Place Productivity- *through health and ergonomics*

☐ Mother's Guide to Better Health/Ergonomics - *How to have a better life and save time.*

☐ Are Computers and Video Games Problematic for Our Children and What to do About it?

☐ What You Need to Know about Children's Back-packs? Are they Problematic?

☐ Seven Ways of Better Health for Children ☐ Seven Ways of Better Health for Seniors.

☐ The Seven Ways of Better Health for Sports Performance ☐ Other _____

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